

COMMUNITY CENTER
Main Room

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
8 AM								8 AM
9 AM	Playspace	Tai Chi Practice (Not Open to Beginners)	Moving Together Dance w/ Nina	Tai Chi Practice (Not Open to Beginners)	Playspace	Tai Chi, Continuing Contact Martha Cheo mcheo@hvc.rr.com	Church of the Gunks	9 AM
10 AM		Seniors Serving in Place (SSIP)		Tai Chi for Arthritis (Moved to Redeemer)				10 AM
11 AM	Chair Yoga w/ Susan		Chair Yoga w/ Hannah Returning this fall		Senior Fitness w/ Barbara			11 AM
12 PM		International Folk Dance		Senior Luncheon* To pre-register, call 845-443-8836		Bokashi Composting Workshop (UCRRA) October 3rd 12-2pm		12 PM
1 PM			AlAnon/ 12 Step					1 PM
2 PM	MahJong	Canasta/ Contract Bridge	NP/Gardiner Seniors (2nd Wed) ↓	Balkan Folk Dancing		The Community Center is available for parties, meetings, and venues on Saturdays and Sundays.		2 PM
3 PM			Ping	Pong	Ping Pong		West African Drum w/ Mohammed Camara	3 PM
4 PM		MWL Center's Mindful Movers (Coming this fall)		Garden Spruce-Up Hour & Print Sale by Melanie Gonzalez September 3rd 3-7pm			West African Dance w/ Assane Badji Sylla	4 PM
5 PM	Dance Fusion (Returning 9/14)			Somatic Yoga Flow w/Megan (starts 7/9)	Doors @ 7 Workshops (Coming this fall)			5 PM
6 PM	Lindy Hop Dance Sessions w/Tank	Line Dancing w/ Becky	Tai Chi Mixed Levels Contact Martha Cheo mcheo@hvc.rr.com		Capoeira Angola (Returning this fall)			6 PM
7 PM	Village Arms 7:00 (1st Mon) NP Youth BB/SB 7:15 (2nd Mon) Envir. Conserv. Board 7:30 (3rd Mon) Ulster Beekeepers' Association 7:00 (4th Mon)	Recreation Committee 7:00 (1st Tues) Historic Preservation 7:00 (3rd Tues) Community Preservation 7-8:30 (4th Tues)	Guitar Players Workshop (Returning this fall)	Happenstancery Improv (Returning in Sep.)	Rebop Lindy Hop Lesson & Dance August 28th 7-10pm \$10 suggested	Salsa - Beginner Salsa - Intermediate	American Legion Post 176 (1st Sundays) Humanists (3rd Sundays)	7 PM
8 PM						Salsa DJ'ed Dance August 15th 8-10pm By donation		8 PM
9 PM								9 PM
10 PM								10 PM

LITTLE KIDS
 YOUTH
 FREE
 CLASSES WITH FEE
 SENIORS

* \$3 SUG. DONATION, VEG OPTION

 EVENTS