Updated: July 1st, 2026
Community Center ☏ 845-255-2512
Email: recreation@townofnewpaltzny.gov

COMMUNITY CENTER
Main Room

New Paltz Parks and Recreation Website:
www.townofnewpaltzny.gov/rec

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8 AM							
9 AM	Playspace	Tai Chi Practice (Not Open to Beginners)	Moving Together Dance w/ Nina	Tai Chi Practice (Not Open to Beginners)	Playspace	Tai Chi, Continuing Contact Martha Cheo mcheo@hvc.rr.com	Church of the Gunks
10 AM		Seniors Serving in Place (SSIP)		Tai Chi for Arthritis (Moved to Redeemer)			
11 AM	Chair Yoga w/ Susan		Chair Yoga w/ Hannah Returning this fall				
12 PM		International Folk Dance		Senior Luncheon* To pre-register, call **845-443-8836**			
1 PM			AlAnon/ 12 Step			The Community Center is available for parties, meetings, and venues on Saturdays and Sundays.	
2 PM	MahJong	Canasta/ Contract Bridge	NP/Gardiner Seniors (2nd Wed)	Balkan Folk Dancing			
3 PM			Ping Pong		Ping Pong		West African Drum w/ Mohammed Camara
4 PM		MWL Center's Mindful Movers (Coming this fall)					West African Dance w/ Assane Badji Sylla
5 PM				Somatic Yoga Flow w/Megan (starts 7/9)			
6 PM	Dance Fusion w/ Elisa	Line Dancing w/ Becky	Tai Chi Mixed Levels Contact Martha Cheo mcheo@hvc.rr.com	Lindy Hop Dance Sessions w/Tank	**Capoeira Angola** Returning this fall		
7 PM	Village Arms 7:00 (1st Mon) NP Youth BB/SB 7:15 (2nd Mon) Environmental Conservation Board 7:30 (3rd Mon) Ulster Beekeepers' Association 7:00 (4th Mon)	Recreation Committee 7 (1st Tues) Historic Preservation 7 (3rd Tues) Community Preservation 7-8:30 (4th Tues)			**Rebop Lindy Hop Lesson & Dance** July 24th 7-10pm $10 suggested	**Salsa Lesson & DJ'ed Dance** July 18th 7-10pm By donation	
8 PM			Guitar Players Workshop Returning this fall	Happenstancery Improv			Humanists, 6-9pm (3rd Sundays)
9 PM							
10 PM							

LITTLE KIDS | YOUTH | FREE | CLASSES WITH FEE | SENIORS | * $3 SUG. DONATION, VEG OPTION | EVENTS