

COMMUNITY CENTER  
Main Room

|       | MONDAY                                                                                                                                                                              | TUESDAY                                                                                                                                            | WEDNESDAY                                                          | THURSDAY                                                  | FRIDAY                                                                         | SATURDAY                                                                                                        | SUNDAY                                                                          |       |
|-------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------|-----------------------------------------------------------|--------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------|-------|
| 8 AM  |                                                                                                                                                                                     |                                                                                                                                                    |                                                                    |                                                           |                                                                                |                                                                                                                 |                                                                                 | 8 AM  |
| 9 AM  | Playspace                                                                                                                                                                           | Tai Chi Practice<br>(Not Open to Beginners)                                                                                                        | Moving Together<br>Dance w/ Nina                                   | Tai Chi Practice<br>(Not Open to Beginners)               | Playspace                                                                      | Tai Chi, Continuing<br>Contact Martha Cheo<br>mcheo@hvc.rr.com                                                  | Church of the<br>Gunks                                                          | 9 AM  |
| 10 AM |                                                                                                                                                                                     | Seniors Serving<br>in Place (SSIP)                                                                                                                 |                                                                    | Tai Chi for Arthritis<br>(Moved to Redeemer)              |                                                                                |                                                                                                                 |                                                                                 | 10 AM |
| 11 AM | Chair Yoga<br>w/ Susan                                                                                                                                                              |                                                                                                                                                    | Senior Fitness<br>w/ Barbara                                       |                                                           | Senior Fitness<br>w/ Barbara                                                   |                                                                                                                 |                                                                                 | 11 AM |
| 12 PM |                                                                                                                                                                                     | International<br>Folk Dance                                                                                                                        |                                                                    | Senior Luncheon*<br>To pre-register, call<br>845-443-8836 |                                                                                | Sourdough<br>Workshop<br>Sept. 19th<br>12-2pm                                                                   | Bokashi<br>Composting<br>Oct. 3rd<br>12-2pm                                     | 12 PM |
| 1 PM  |                                                                                                                                                                                     |                                                                                                                                                    | AlAnon/<br>12 Step                                                 |                                                           |                                                                                |                                                                                                                 |                                                                                 | 1 PM  |
| 2 PM  | MahJong                                                                                                                                                                             | Canasta/<br>Contract Bridge                                                                                                                        | NP/Gardiner<br>Seniors (2nd Wed)<br>↓                              | Balkan Folk<br>Dancing                                    |                                                                                |                                                                                                                 |                                                                                 | 2 PM  |
| 3 PM  |                                                                                                                                                                                     |                                                                                                                                                    | Ping                                                               | Pong                                                      | Ping Pong                                                                      | The Community<br>Center is available<br>for parties,<br>meetings, and<br>venues on<br>Saturdays and<br>Sundays. | West African Drum w/<br>Mohammed Camara                                         | 3 PM  |
| 4 PM  | MWL Speaks<br>(Coming soon!)                                                                                                                                                        |                                                                                                                                                    |                                                                    |                                                           |                                                                                |                                                                                                                 | West African Dance w/<br>Assane Badji Sylla                                     | 4 PM  |
| 5 PM  |                                                                                                                                                                                     |                                                                                                                                                    |                                                                    |                                                           | Doors @ 7<br>Workshops<br>(Coming this fall)                                   |                                                                                                                 |                                                                                 | 5 PM  |
| 6 PM  | Somatic Yoga Flow<br>w/Megan (starts 10/5)                                                                                                                                          | Line Dancing<br>w/ Becky                                                                                                                           | Tai Chi<br>Mixed Levels<br>Contact Martha Cheo<br>mcheo@hvc.rr.com | Dance Fusion<br>w/ Elisa                                  | Capoeira Angola<br>Starts Sept. 18!                                            |                                                                                                                 |                                                                                 | 6 PM  |
| 7 PM  | Lindy Hop Dance<br>Sessions w/Tank                                                                                                                                                  | Recreation<br>Committee<br>7:00 (1st Tues)<br>—<br>Historic Preservation<br>7:00 (3rd Tues)<br>—<br>Community<br>Preservation<br>7-8:30 (4th Tues) |                                                                    | Consolidation<br>Town Hall<br>Oct. 22nd, 6-8pm            |                                                                                | Salsa - Beginner<br>—<br>Salsa - Intermediate                                                                   | American Legion<br>Post 176<br>(1st Sundays)<br>—<br>Humanists<br>(3rd Sundays) | 7 PM  |
| 8 PM  | Village Arms<br>7:30 (1st Mon)<br>—<br>NP Youth BB/SB<br>7:30 (2nd Mon)<br>—<br>Envir. Conserv. Board<br>7:30 (3rd Mon)<br>—<br>Ulster Beekeepers'<br>Association<br>7:30 (4th Mon) |                                                                                                                                                    | Guitar Players<br>Workshop<br>(On pause)                           | Happenstancery<br>Improv<br>(Returning 9/24)              | Rebop<br>Lindy Hop<br>Lesson & Dance<br>Sept. 25th<br>7-10pm<br>\$10 suggested | Salsa DJ'ed Dance<br>Sept. 19th<br>8-10pm<br>By donation                                                        |                                                                                 | 8 PM  |
| 9 PM  |                                                                                                                                                                                     |                                                                                                                                                    |                                                                    |                                                           |                                                                                |                                                                                                                 |                                                                                 | 9 PM  |
| 10 PM |                                                                                                                                                                                     |                                                                                                                                                    |                                                                    |                                                           |                                                                                |                                                                                                                 |                                                                                 | 10 PM |
|       | LITTLE KIDS                                                                                                                                                                         | YOUTH                                                                                                                                              | FREE                                                               | CLASSES WITH FEE                                          | SENIORS                                                                        | * \$3 SUG. DONATION, VEG OPTION                                                                                 | EVENTS                                                                          |       |