

**PRIDE, DISCIPLINE, RESPECT,**

**FAMILY, FOOTBALL, SCHOOL,**

# ORANGE BENGALS

**POP WARNER PROGRAM**



**WARREN CLEMENTS**  
ORANGE BENGALS  
PRESIDENT



## OFF SEASON SCHEDULE

### WINTER 2022

- JANUARY: Off-Season Workouts Begin  
Speed and Agility Workouts  
Modified Youth Weight Training

### SPRING 2022

- MARCH: Football Tryouts  
Flag Football - Ages 5-7,  
Contact Football - 9U (Ages 7-9)  
11U (Ages 9-11),  
13U (Ages 11-13)

### SUMMER 2022

- AUGUST: Football Season Begins and The Orange Football Legacy Continues!

For Further Information or to Register for the YOUTH FOOTBALL TEAMS,  
Please Contact:

**PRESIDENT**

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**VICE-PRESIDENT**

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**ONE TEAM, ONE DREAM, ONE GOAL, WIN, ORANGE BENGALS!**